Meetings, support groups

• Al-Anon meetings are held in the basement at St. Mark's Episcopal Church on Mondays and Thursdays at 8 p.m. Al-Anon's purpose is to give hope to family and friends who are living or have lived with alcoholism. Anyone affected by alcoholism is welcome. The church is at 901 W. Emery St.

 Alcoholics Anonymous meetings are held in the basement of St. Mark's Episcopal Church on Sundays, Mondays, Wednesdays, Thursdays and Fridays at 8 p.m. All meetings are open to alcoholics or those who have an interest in the illness of alcoholism. The church is at 901 W. Emery St.

• A Breast Cancer Support Group meets at 6 p.m. the first Tuesday of each month at the Rock Bridge Children's Ministry Building on West Gordon Street in Dalton. The group offers an informal setting where anyone going through treatment and breast cancer survivors can be supported through the fellowship of others of similar experiences. For more information, call Sally at (706) 463-6514.

• City View Church of God at 3688 Chatsworth Highway hosts an **Overcomers Freed** Outreach program every Tuesday at 7 p.m. For more information, contact Nathan Case at (706) 671-3171, David Mathis at (423) 304-3667 or the Rev. James Michael Blalock at (762) 201-9631.

• The Civil Air Patrol unit meets each Tuesday at 7 p.m. at Dalton's National Guard armory on Crawford Street. To find out more, call Eric Rochelle at (706) 410-0211

• The Dalton Civitan Club meets at noon on the first and third Wednesdays of the month at Kelly's restaurant. Heath Patterson is the club president. He can be reached at (706) 847-3338 or

heath@alphaomega.com. The Dalton Lions

Whitfield NAACP meets each fourth Monday of the month at 6 p.m. at the Mack Gaston Community Center. Everyone is welcome. • The Dalton-

Whitfield Solid Waste Authority holds its regularly scheduled monthly meetings on the third Monday of each month at 12:30 p.m. at City Hall, in the council chambers.

• The Hamilton Hospice Grief Support Group meets on the second Saturday of the month at 2 p.m. in the upstairs library of the Winkler Building, 1275 Elkwood Drive. Refreshments are served. Call (706) 278-2848 for more information.

• La Leche League of Dalton meets on the third Tuesday of each month at 10 a.m. at Christ the King Lutheran Church at 623 S. Thornton Ave. The nonprofit organization offers breastfeeding support and education free of charge. Babies and children are welcome at the meetings. Refreshments and a free lending library are provided. For more information, contact Patty Spanjer at (706) 260-1384, Melanie McDonald at (706) 218-4454 or Heather Tom at (706) 980-4028.

• The Murray County **Republican Party meets** the first Thursday of each month at 6:30 p.m. at the Murray County Senior Center.

· The Murray County Veterans Memorial Committee has its monthly meetings the first Monday of the month at 6:30 p.m. at the Murray County Senior Center. Everyone is welcome. For more information, call Harrison Parker at (706) 695-5301.

• NAMI (the National Alliance on Mental Illness) offers a free, 12week course for adult family members or friends of individuals with a mental illness. "Family-to-Family" began Aug. 30 and meets on Sunday afternoons at Crosspointe Christian 2681 Underwood St. Call Bonnie at (706) 506-8314 to register and to learn more about the course. • The North Georgia Medical Managers Association meets on the second Thursday of each month from 11:30 a.m. to 1 p.m. If you are interested in joining the NGMMA, contact T.J. Davis at (706) 270-4430 or ngmmadalton@ gmail.com. • The Pilot Club of Chatsworth meets the first Monday of each month at 6:30 p.m. at Little Rome restaurant in Chatsworth. To find out more about the club, call Jan McNeill at (706) 695-4313.

16 Make A Difference Day projects this year

SUBMITTED BY EVENT ORGANIZERS

Community members are invited to join the United Way of Northwest Georgia for Make A Difference Day on Oct. 23-24. This day of service is the most encompassing national day of helping others, a celebration of neighbors helping neighbors. Everyone can participate by registering for a project of your choice at ourunitedway.org.

Millions of Americans will spend those days doing volunteer projects to improve their communities and helping neighbors in need. This year, United Way was granted \$10,000 from Brown Industries for 16 projects in Whitfield and Murray counties.

Make A Difference Day is an annual event that takes place on the fourth Saturday of every October. More than 1,200 volunteers are needed for local projects.

The projects are:

Community Floral Sharing Garden When: Friday, Oct. 23, from 9 a.m. to noon Location: Dug Gap

Elementary School, 2032 Dug Gap Road, Dalton

Description: Volunteers will spread mulch and plant flowers.

Volunteers needed: 20 Bike Track Build and Grounds

Maintenance

When: Friday, Oct. 23, from 10 a.m. to 4 p.m. Location: Boys and Girls Club, 1013

Underwood St., Dalton **Description:** Volunteers will install new parts to the mountain bike track, spread mulch and spruce up the facility.

Volunteers needed: 100.

Coker Cubs **Reading Oasis** When: Friday, Oct. 23,

from 8 a.m. to 3 p.m. Location: Coker Elementary School, 1733 Leonard Bridge Road, Chatsworth

Description: Volunteers



CONTRIBUTED PHOTO

Members of the United Way Corporate Volunteer Council invite you to join them for Make a Difference Day on Oct. 23-24. On the first row, from left, are John Relaford, United Way, and Natalie Silva, United Way VISTA; on the second row are Robert Varner, Denise Wood, Tim Ausmus (council chair), Howard Elder, Jared Warnack, Erika Green and Amy Faillace (United Way).

Location: Whitfield County-Dalton Day Care Center, 515 S. Pentz St., Dalton

Description: Volunteers will clean furniture, paint the multipurpose room and install carpet.

Volunteers needed: 120

Family Support Council and Oak Haven Spruce-Up

When: Friday, Oct. 23, from 9 a.m. to 5 p.m. Location: Family Support Council, 529 Waring Road N.W, Dalton, and Oak Haven, 216 Fort Hill Terrace, Dalton **Description:** Volunteers

will do yard work, paint and replace damaged ceiling tiles. Volunteers needed:

106 Painting and Repairs

When: Friday, Oct. 23, from 9 a.m. to noon and from 1 to 4 p.m., and Saturday, Oct. 24, from 9 a.m. to noon

Location: Carter Hope Center, 506 E. Hawthorne St., Dalton

Description: Volunteers will pressure wash, clean

Add a Punch of Color and Light to the Home of the Mustangs When: Friday, Oct. 23,

from 3:45 to 6:45 p.m., and Saturday, Oct. 24, from 8 to 11 a.m. Location: Eastbrook

Middle School, 1382 Eastbrook Drive S.E., Dalton

Description: Volunteers will paint the foyer and upholster the school benches in new fabric.

Volunteers needed: 20 Crafts at Camp **Misty Mountain**

When: Saturday, Oct. 24, from 9 a.m. to 5 p.m. Location: Girl Scouts -Camp Misty Mountain,

490 Lake Marvin Road N.E., Armuchee **Description:** Volunteers

will facilitate various activities for Girl Scouts and their families.

Volunteers needed: 8 ■ Think, Feel, Act: **Community in Action** When: Saturday, Oct. 24, from 8 a.m. to noon Location: Northwest

Georgia College and Career Academy

Description: Volunteers will help set up, give books away, participate in

Little Free Libraries When: Contact

Margaret Zeisig for more information at (706) 876-1599.

Location: The Women's Leadership Council will meet at the United Way at 816 S. Thornton Ave., Dalton

Description: Volunteers will collect and restock books with some repairs to the Little Free Libraries located in Whitfield and Murray counties.

Volunteers needed: 28 Pavilion of Hope When: Friday, Oct. 23,

from 9 a.m. to 5 p.m. Location: Lakeshore

Park - Cedar Street, Dalton

Description: Join the Young Leaders Society of Northwest Georgia as they restore a pavilion at Lakeshore Park in partnership with Dalton Parks and Recreation.

Volunteers needed: 40 (20 volunteers from 9 a.m. to noon and 20 volunteers from 1 to 5 p.m.)

Murray County **Developmental Center**

When: Saturday, Oct. 24, from 9 a.m. to 2 p.m.

Club meets the first and third Tuesday of each month at the Oakwood Cafe at 201 W. Cuyler St. Meetings begin at 5:30 p.m. For more information, contact Lee Oliver at (706) 260-7294.

• The Dalton Parkinson's Disease Support Group, for patients and caregivers, meets at 6 p.m. on the second Tuesday of each month at RossWoods Adult Day Services, 1402 Walston Ave. A light meal will be served. The support group is an affiliate of the Georgia Parkinson's Association. For more information, call (706) 280-0324. • The Dalton-

will weed, prune and plant. Volunteers needed: 25 100 ■ Painting for Peace

When: Friday, Oct. 23, from 9 a.m. to noon (six volunteers needed for prep work) and from 1 to 4 p.m. (26 volunteers needed for painting).

Location: Northwest Georgia Family Crisis Center

Description: Volunteers will paint different areas in the emergency shelter building.

Volunteers needed: 32 ■ Multipurpose Room Revamp When: Friday, Oct. 23,

from 1:30 to 6:30 p.m.

gutters and paint. **Volunteers needed:**

Spirit by Painting the

When: Saturday, Oct.

24, from 8 a.m. to 1 p.m.

Whitfield High School,

Road, Tunnel Hill

paint.

1651 Tunnel Hill Varnell

are needed to provide new

and outer area of the foot-

ball stadium by putting on

a fresh coat of Bruin blue

Volunteers needed: 40

life to the wall that sur-

rounds the tennis courts

Location: Northwest

Description: Volunteers

Bruin Wall

booth activities and clean up at the parent education Renewing Our fair.

Volunteers needed: 80 ■ Packed with Care When: Saturday, Oct.

24, from 9 a.m. to noon Location: Whitfield

Meals on Wheels, 1419 Ross Drive, Dalton, and Murray Meals on Wheels, 217 E. Market St., Chatsworth

Description: Volunteers will make cards and pack goodie bags for homebound elderly.

Volunteers needed: 20 in Murray County and 20 in Whitfield County

Location: 735 W. Chestnut St., Chatsworth

Description: Volunteers are needed for painting, creating a permanent sitting area for the clients and outdoor clean-up.

Volunteers needed: 50

The United Way of Northwest Georgia annually connects more than 4,000 volunteers to local needs through the Volunteer Center. Visit ourunitedway.org/volunteer or call (706) CAN-HELP for a listing of more than 50 local volunteer opportunities. For more information, call (706) 876-1590.

UPCOMING STAGE PRODUCTIONS

• The Artistic Civic Theatre presents the comedy "The Fox on the Fairway" Oct. 30-31 and Nov. 5-7 at 8 p.m., and Nov. 1 at 2 p.m., at the ACT Playhouse on Gaston Street. This Ken Ludwig farce follows two rival country clubs as they prepare to face off in the Annual Inter-Club Golf Tournament. With a sizable wager at stake, the contest plays out amidst three love affairs, a disappearing diamond, objectionable sweaters and an exploding vase. Tickets are available by calling the ACT box office at (706) 278-4796 or online at www.actdalton.org.

• "Vanya and Sonia and Masha and Spike" is presented on the stage of the Dalton Little Theatre beginning Oct. 23 and will run for three weekends. Amanda Havelin directs this 2013 Tony Award-winning comedy

written by Christopher Durang that centers around "three siblings and one hot mess." Theater patrons who arrive in Halloween costume on Oct. 31 will receive free treats at the concession counter. Performance dates are Oct. 23, 24, 30 and 31 and Nov. 6 and 7 at 7 p.m., with a Sunday matinee Nov. 1 at 2 p.m. For more information or to make reservations, contact the DLT at (706) 226-6618, email dlt@optilink.us or visit daltonlittletheatre.com.



21st annual Conasauga Watershed Clean-up announced

SUBMITTED BY EVENT ORGANIZERS

Whitfield County and Murray County residents are invited to participate in the 21st Annual Conasauga Watershed Clean-up event on Saturday, Oct. 24, to help keep local waterways clean.

As one of the largest local volunteer events in the community, the Conasauga River Clean-up is hosted in partnership with several local nonprofits, businesses and environmental organizations during United Way's Make a Difference Day. Last year 360 volunteers picked up and removed 10,630 pounds of garbage from seven locations.

Be a part of the tradition when you join many other volunteers to help clean up the Conasauga. One of the six most biologically diverse freshwater river systems in the United States, the Conasauga supports 24 endangered species and a dozen other imperiled species, including the Southern Pigtoe mussel and the Conasauga logperch, a fish found nowhere else in the world.

Participants are encouraged to arrive a few minutes before 9 a.m. for registration. Volunteers can

7 SITES SELECTED

This year's Conasauga Watershed Clean-up event will take place at seven different sites across both Whitfield and Murray counties from 9 a.m. to noon.

1. Conasauga River at Carlton Petty Road bridge. 2. Conasauga River at

Highway 2 bridge. 3. Conasauga River at Lower King's Bridge and Norton Bridge.

4. Holly Creek, Murray County, on the Chattahoochee National Forest.

5. Mill Creek tributary in the city of Dalton.

6. Coahulla Creek at Prater's Mill.

7. Lakeshore Park in the city of Dalton.

expect to spend a couple of hours in the morning picking up trash and, depending on the location, removing invasive plants like Chinese privet.

Volunteers should wear sturdy shoes or boots, long pants and longsleeve shirts. Gloves and trash bags

will be provided at each site. At least the first 250 will receive a free Tshirt with this year's river cleanup logo from Rivers Alive, and another promo item, as a thank you for participating.

To learn more about the river cleanup, call Keep Dalton-Whitfield Beautiful at (706) 278-5001 or visit www.KeepDaltonWhitfieldBeautifu l.org to download the event flier with directions to each site. Join and share the event on Facebook at www.facebook.com/KeepDaltonW hitfieldBeautiful.

Event organizers this year include the Conasauga River Alliance, Dalton State College, Dalton Utilities, Dalton-Whitfield Solid Waste Authority, Keep Chatsworth-Murray Beautiful, Keep Dalton-Whitfield Beautiful, Limestone Valley RC & D, The Nature Conservancy and Whitfield & Murray County Extension.

Shaw Sponsors include Industries, J+J Flooring, Dalton Utilities, Conasauga River Alliance, Modern Woodmen of America/Shell Underwood, The Nature Conservancy, Dalton-Whitfield Solid Waste Authority and Whitfield County Public Works.