

Good health is the foundation for a thriving life, and it takes all of us.

Physical and behavioral health programs empower individuals to stay engaged with their families, careers, and communities. At United Way, we help remove barriers to good health by improving access to nutritious food, quality health education, and essential services.

In 2024, United Way & our Community Partners helped:









From preventive care and maternal health to mental health support, primary care, and family counseling, United Way ensures that everyone in our community has access to the physical and mental health care they deserve.

With your help, United Way supports our neighbors with primary health care and specialty care services, such as individual and family counseling, vital adult day services, home-delivered meals, and substance use recovery.

Together, we are ensuring everyone in our community has access to the physical and mental health care they deserve.

get involved: ourunitedway.org/unitedways-focus-healthycommunity.



united way connects **people to possibility.**216 5 Thorston Ava Palton (A 2072) - 706 (AN HELD a conveniend way are

